WEEK # 3	Menu 2017	WEEK#3
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WEEK#3		Menu 2017				WEEK # 3	
	Breakfast Menu Items For The Week						
Oatmeal Cold Cereal	Eggs Any Style	Toast	Milk	Assortment	Tea	1/2 Grapefruit 1/2 Orange	
Cream of Wheat	Bacon	Assorted Muffins		Of Fruit Juices	Coffee	Bananas	
July.31	Aug.1	Aug.2	Aug.3	Aug.4	Aug.5	Aug.6	
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY	

July.31	Aug. i	Aug.z	Aug.s	Aug.4	Aug.5	Aug.o
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	Hamburger Soup	Cream of Chicken	Rice Soup
Liver and Onion	Sweet and Sour Pork	Deep Fried Chicken	Saulburry Steak with Fried Onions	Poached Fish White Sauce	BBQ Rib	Baked Ham
		Mashed Potatoes	and Mushroom		Mashed Potatoes	Scalloped or Mashed
Mashed Potatoes	Mashed Potatoes			Mashed Potatoes	Rice pilaf	Potatoes
	Rice Pilaf	Carrots	Mashed Potatoes	_		
Yellow Beans	D P		0 - 1111	Peas	Green Beans	Cream Corn
	Broccoli	Apple erepherm	Cauliflower			
Pears	Squares	and pear crisp	Melon	Peaches	Grapes	Pie
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Cream of Mushroom	Barley Soup	Beef Noodle Soup	Vegetable Soup	* Hamburger Soup	Corn Chowder	Rice Soup
Chicken Sandwich	Rappie Pie	Spaghetti and Meatsauce	Pancake	Pizza		Corned Beef Hash
Cole Slaw	Brown Bread		Sausage		Cheese Biscuit	Pickles
		Garlic Bread		Salad		Picked Beets
Spice Cake	Fruit Cocktail	Pudding	Pineapple Cake	Pumpkin Tarts	Apple Sauce	Blueberry Cobbler
	MONDAY Cream of Mushroom Liver and Onion Mashed Potatoes Yellow Beans Pears Cream of Mushroom Chicken Sandwich Cole Slaw	MONDAY Cream of Mushroom Liver and Onion Mashed Potatoes Yellow Beans Pears Cream of Mushroom Barley Soup Mashed Potatoes Rice Pilaf Broccoli Squares Cream of Mushroom Chicken Sandwich Cole Slaw TUESDAY Barley Soup Rappie Pie Brown Bread	MONDAY Cream of Mushroom Liver and Onion Mashed Potatoes Yellow Beans Pears Cream of Mushroom Barley Soup Sweet and Sour Pork Mashed Potatoes Rice Pilaf Broccoli Apple ,cranberry and pear crisp Cream of Mushroom Chicken Sandwich Cole Slaw Cream of Mushrood Rappie Pie Brown Bread Garlic Bread	MONDAY TUESDAY WEDNESDAY THURSDAY Cream of Mushroom Liver and Onion Mashed Potatoes Yellow Beans Broccoli Pears Pears Broccoli Squares Beef Noodle Soup Deep Fried Chicken Mashed Potatoes Carrots Mashed Potatoes Rice Pilaf Apple ,cranberry and pear crisp Melon Cream of Mushroom Barley Soup Beef Noodle Soup Cauliflower Melon Cream of Mushroom Cream of Mushroom Cream of Mushroom Cream of Mushroom Barley Soup Beef Noodle Soup Vegetable Soup Pancake Sausage Garlic Bread	MONDAY TUESDAY WEDNESDAY THURSDAY FRIDAY Cream of Mushroom Liver and Onion Mashed Potatoes Yellow Beans Pears Cream of Mushroom Barley Soup Deep Fried Chicken Pork Mashed Potatoes Rice Pilaf Broccoli Apple ,cranberry and pear crisp Melon Peaches Cauliflower Apple deep Fried Chicken Mashed Potatoes Carrots Mashed Potatoes Cauliflower Apple ,cranberry and pear crisp Melon Peaches Cream of Mushroom Chicken Sandwich Cole Slaw Rappie Pie Brown Bread Garlic Bread THURSDAY FRIDAY Hamburger Soup Hamburger Soup Mashed Potatoes Cauliflower Mashed Potatoes Peas Cauliflower Apple ,cranberry Melon Peaches FRIDAY Hamburger Soup Mashed Potatoes Peas Cauliflower Apple ,cranberry App	MONDAY TUESDAY WEDNESDAY THURSDAY THURSDAY FRIDAY SATURDAY Cream of Mushroom Liver and Onion Sweet and Sour Pork Mashed Potatoes Yellow Beans Pears Cream of Mushroom Barley Soup Mashed Potatoes Sicce Pilaf Apple ,cranberry and pear crisp Cream of Mushroom Mashed Soup Mashed Potatoes Pears Cream of Mushroom Barley Soup Beef Noodle Soup Mashed Potatoes Carrots Apple ,cranberry and pear crisp Melon Peached Fish White Sauce Mashed Potatoes Rice Pilaf Green Beans Cauliflower Apple ,cranberry and pear crisp Melon Peaches Grapes Corn Chowder Chicken Sandwich Cole Slaw Cole Slaw Cream of Mushroom Barley Soup Beef Noodle Soup Corn Chowder Pancake Sausage Sausage Cheese Biscuit

Menu may change without notice

HS Snack Menu						Crackers With
	Pudding	Fig cookies	Toast	Nutri Grain Bars	Cookies	Peanut Butter
Cookies						or Cheese